

STEP UP TO SUICIDE AWARENESS AND PREVENTION

BE THE DIFFERENCE.

Middletown Community Walk:

Sunday, May 21, 2023 starting at 9am

Begins at the Middletown Arts Center



How: With the support of Middletown Township, we will walk to raise funds that will be donated to the Americas Foundation For Suicide Prevention.

Why: As a community, it is time to make a change. The goal of this walk is to acknowledge the stigma associated with mental health and express how important mental health is by bringing the community together in a supportive way.