



MIDDLETOWN
SENIOR CENTER
Hours of Operation
9:00am - 4:00pm

The Golden TIMES

Partially funded under
the Title III Older
Americans Act by the
Monmouth County Office
on Aging

Croydon Hall 900 Leonardville Road, Leonardo, NJ 07737

www.middletownnj.org/seniors

732-615-2265

January 2026 Issue



January may bring frosty mornings and snowy afternoons, but there's plenty of warmth and excitement waiting for you at the Senior Center! This month, we're celebrating the joy of community

with a lineup of activities designed to brighten the season—creative projects, lively games, and plenty of ways to stay active and energized indoors. Whether you're hoping to reconnect with friends, discover a new hobby, or

simply enjoy great company, we've got a welcoming spot just for you. Step in from the cold and help us kick off a winter filled with laughter, friendship, and memorable moments. We're truly excited for the year ahead and all the wonderful experiences it will bring!



Tuesday, January 6 at 10:30am-11:30am **Bingo with Brightview Senior Living.** Whether you're a bingo pro or just looking to enjoy some good-natured excitement, it's sure to be a highlight of the week. Sign up with a staff member.

Thursday, January 15 at 11:45am-2:00pm **Monmouth County Vocational School's Cosmetology Salon.** Enjoy a relaxing afternoon of complimentary services. Choose from haircuts, blowouts, manicures, or gel manicures, all provided by cosmetology students as part of their training. When signing up, please indicate which service you would like.

Please remember that these services are performed by students; we ask all participants to be patient and polite as they practice their skills. Prior to the trip, members must give Senior Center staff a valid photo ID and a completed, signed service release form. **Space is limited. Advance registration is required.** Sign up with a staff member.



Tuesday, January 20 at 10:00am **Name That Tune with Attain Physical Therapy.** Get ready for a fun-filled session of musical memories! Test your song-guessing skills as we play favorite hits from across the decades. Whether you're a quick recognizer or just love great music, it's a lighthearted event full of laughter, friendly competition, and plenty of nostalgic moments. Come enjoy the tunes and see how many you can name! Sign up with a staff member.

Tuesday, January 27 at 9:30am **Team Trivia.** Test your knowledge and enjoy some friendly competition during our Team Trivia event. Gather a group of friends or team up when you arrive—either way, it's a fun afternoon filled with laughs and brain-teasing questions. Sign up with a staff member.



Wednesday, January 28 at 11:00am **Pizza & Movie at the MAC.** Enjoy a laugh out loud afternoon with this feel good romantic comedy starring Sandra Bullock and Ryan Reynolds. When a high powered executive convinces her assistant to pretend to be her fiancé, chaos and plenty of laughs follow. Lighthearted, funny, and easy to enjoy. **\$5 per person.** Sign up with a staff member.



Janet E. Dellett
Parks & Recreation Director

Tony Perry
Mayor

Anthony P. Mercantante
Township Administrator

Rick W. Hibell
Deputy Mayor



Ryan M. Clarke
Kevin M. Settembrino
Kimberly Kratz

2026 Township Committee

JANUARY 2026 Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Location Guide</u> Croydon Hall Gym Middletown Arts Center Poricy Park Croydon Hall Yoga Room	5 9am Chair Yoga - G 9am-11:30am Games - YR 10am Zumba - G 12:15pm Book Club - MAC	6 9am-11:30am Games - YR 10:30am Bingo - G	7 9am Chair Yoga - G 9am Tap - YR 10am Acting - YR	1 Please remember to sign up with a staff member for all presentations and special events. CLOSED
12 9am Chair Yoga - G 9am-11:30am Games - YR 10am Zumba - G 12:15pm Book Club - MAC	13 9am-11:30am Games - YR	14 9am Chair Yoga - G 9am Tap - YR 10am Acting - YR	15 9am-11:30am Games - YR 10am Broadway Dance - G 11am - Salon - MCVS	9 9am-11:30am Games - YR 10am Gentle Strength - G 11:30am Art Class - MAC
19 CLOSED	20 9am-11:30am Games - YR 10am Name That Tune - G	21 9am Chair Yoga - G 9am Tap - YR 10am Acting - YR	22 9am-11:30am Games - YR 10am Broadway Dance - G	23 9am-11:30am Games - YR 10am Gentle Strength - G 11:30am Art Class - MAC
26 9am Chair Yoga - G 9am-11:30am Games - YR 10am Zumba - G 12:15pm Book Club - MAC	27 9am-11:30am Games - YR 9:30am Trivia	28 9am Chair Yoga - G 9am Tap - YR 10am Acting - YR 11am Movie - MAC	29 9am-11:30am Games - YR 10am Broadway Dance - G	30 9am-11:30am Games - YR 10am Gentle Strength - G 11:30am Art Class - MAC



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HAPPY New Year

Wishing everyone a bright and joyful start to the year ahead. As we step into a fresh chapter, we're excited for new programs, new memories, and another year of community, connection, and fun.

Here's to health, happiness, and all the wonderful moments waiting for us in the New Year!

Red and Gold Gala Chinese New Year Party

Thursday, February 12th
11:30am-1:30pm
\$20 per person

Ticket sales start January 12th

thank you

A Special Thank You to Laurel Bay!

We extend our heartfelt appreciation to Laurel Bay for generously sponsoring David's Broadway Dance Class. Their support allows our members to enjoy an engaging, uplifting program that brings movement, music, and joy to our community. We are truly grateful for their partnership and commitment to enhancing our center's offerings.



thank you



Important Notice: Temporary Closure



The Middletown Senior Center is currently closed to all members due to ongoing construction. We appreciate your understanding and cooperation during this period.

All programs and activities have been relocated to alternate sites. Please refer to the updated calendar for specific locations. If you require assistance or clarification, contact a staff member for guidance.

January 2026 Transportation Calendar

Name: _____ Phone: _____

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 <input type="checkbox"/> Center	6 <input type="checkbox"/> Center Bingo	7 <input type="checkbox"/> Chair Yoga <input type="checkbox"/> Walmart	8 <input type="checkbox"/> Center <input type="checkbox"/> Goodwill Atlantic Highlands	9 <input type="checkbox"/> Center <input type="checkbox"/> Lidl/Aldi
12 <input type="checkbox"/> Center	13 <input type="checkbox"/> Center	14 <input type="checkbox"/> Chair Yoga <input type="checkbox"/> Shoprite	15 <input type="checkbox"/> Center <input type="checkbox"/> Salon Visit	16 <input type="checkbox"/> Center <input type="checkbox"/> China Buffet
	20 <input type="checkbox"/> Center Name That Tune	21 <input type="checkbox"/> Chair Yoga <input type="checkbox"/> Uncle Giuseppe's	22 <input type="checkbox"/> Center <input type="checkbox"/> Job Lot, Kohl's Hazlet	23 <input type="checkbox"/> Center <input type="checkbox"/> Ross
26 <input type="checkbox"/> Center	27 <input type="checkbox"/> Center Trivia	28 <input type="checkbox"/> Movie @ MAC <input type="checkbox"/> Monmouth Mall	29 <input type="checkbox"/> Center <input type="checkbox"/> Trader Joe's	30 <input type="checkbox"/> Center <input type="checkbox"/> Marshall's Dollar Tree

Please print your name and phone number at the top of the form.

Put an X in the box next to the activities you would like to attend.

When the calendar is completed, please return to the transportation office.

Transportation schedule is subject to change