

## **Middletown Alliance for Drug and Alcohol Prevention November 15<sup>th</sup> Meeting Minutes**

- I. Welcome, Pledge, Introductions**
- II. September 20<sup>th</sup> Meeting Minutes accepted by Mike Donlon & Peggy Bertorelli**
- III. Old Business**
  - Alliance Leaders
    - 8<sup>th</sup> grade cycle 1 graduated 16 students 10/7 & 10/8
    - 8<sup>th</sup> grade cycle 2 graduated 15 students 11/11 & 11/12
  - September 23<sup>rd</sup>- First planning meeting to get AEDs and Narcan in Middletown parks.  
Will order at start of 2026 from Team Life in Colts Neck
  - October 16<sup>th</sup> 7:30 Alliance partnered with MTSD for the Middletown Youth Wellness Event at Middletown High School North in the Media Room-
    - 20 attendees & great networking. Will make it an annual event.
  - October 19<sup>th</sup> Middletown Day- Alliance tabled under the Township tent with 2 tables for resources and marijuana and vaping displays
  - October 23-31<sup>st</sup> was Red Ribbon Week. Alliance funded program materials for all of the Middle and High Schools
  - October 30<sup>th</sup>- Red Ribbon Week and D&A prevention/mental health resource tabling at High School North
  - November 6<sup>th</sup>- Public Narcan and Overdose Response Training by JSAS
    - Discussed having a Narcan Training during the next Alliance meeting on 1/17.  
Will speak with JSAS- would be open to public as well.
  - November 10<sup>th</sup>- D&A Prevention and mental health resource tabling at High School South
- IV. New Business**
  - Alliance Leaders
    - 5<sup>th</sup> Grade Cycle 1 Thorne starts 11/18 & 11/19- 45 students registered Tuesdays (max capacity), 22 students registered Wednesdays
      1. Had a discussion about including more social media information in the 5<sup>th</sup> grade program, similar to the social media session in the 8<sup>th</sup> grade program (Nicki and MTPD).
    - November 20<sup>th</sup>- Great American Smoke Out- The Alliance/Middletown Health dept. will be tabling in the Town Hall lobby from 9-3 PM with quitting smoking resources and materials for people to build their own smoking quit kit (Nicotine gum, mints, toothpicks, lollipops, stress ball, bracelets, resources, tips, swag)
    - December 10<sup>th</sup>-January 1<sup>st</sup> Holiday Driving Impaired social media campaign

- o Drive Sober or Get Pulled Over, Drive High and Get a DUI, Buzzed Driving is Drunk Driving

- January 12<sup>th</sup>- Raising Resilient Kids Parent Presentation 6 PM Training Room

**V. Police Updates**

- Juvenile crime up. Discussed importance of decision making and youth programs

**VI. Additional Updates**

- January is Substance Use Disorder Treatment Month- Alliance PSA about local treatment centers and where to find resources
- Part-time Social Worker- Erika wrote job description for a social worker in town to connect residents to resources regarding substance use, employment, housing, mental health, food, and overdose follow-up. Erika would supervise position. Being reviewed by TWP Administration.
- February 2<sup>nd</sup> is the Pathway to Leadership Conference for Middle Schoolers at Ocean Place Resort in Long Branch. Alliance funding students to attend- 1/10 deadline.
- Erika working with SACs for speakers in spring and 2026 prom initiative.

**VII. Questions/Concerns/Ideas**

- Discussed court-ordered youth education programs for substance use/possession/paraphernalia in lieu of

**VIII. Next Meeting: January 17<sup>th</sup>, 2026**