

Middletown Alliance for Drug and Alcohol Prevention September 20th Meeting Minutes

I. Welcome, Pledge, Introductions

II. Old Business

- July 28th Raising Resilient Kids parent presentation- 8 attended
- August 5th MTPD National Night Out- great turnout and gave out many resources. New vaping and marijuana displays were set up and received good feedback.
- August 11th and September 4th Smoke-free summer- tabled in Town Hall lobby with resources for quitting nicotine, residents created their own quit kits
- September 16th & 17th Back to School Nights- Alliance had table with resources at Thompson, Thorne, and Bayshore Middle Schools

III. New Business

- September 9th Alliance Leaders 8th grade cycle 1 began! 8 students signed up for Tuesdays and 8 students signed up for Wednesdays. 23 registered for 8th grade cycle 2
- September 23rd Planning meeting to get AEDs and Narcan in Middletown parks
- September 25th Back to School Night at High School South tabling
- October 16th 6-7:30 Alliance partnering with MTSD for the Middletown Youth Wellness Event at Middletown High School North in the Media Room- see flyer
 - o Students, parents & families attend to get resources from different organizations that can help support your child
- October 19th Middletown Day- Alliance will be tabling under the Township tent with 2 tables for resources and drug displays
- October 23-31st is Red Ribbon Week. Alliance is funding activities and program materials for Middle and High Schools
 - o Red Ribbon Week is the nation's oldest and largest drug prevention awareness program and aims to raise awareness about the dangers of drug abuse. The theme for 2025 is "Life is a Puzzle: Solve it Drug-Free"
- October is Substance Use Prevention Month- social media campaign and community outreach/tabling at Town Hall and MTPL
- October 25th National Prescription Take Back Day- Alliance putting out PSA

IV. Police Updates

V. Additional Updates

- September is Suicide Prevention Awareness Month and National Recovery month. Alliance has been participating via social media campaigns and has had 988 and American Foundation for Suicide Prevention materials out at tabling events

- Operational Readiness for Police Officers training through Seton Hall School of Business- Sargeant John Walsifer stated that the online training module has great resources and de-escalation techniques for overdose and mental health crisis response.
 - Starting process to fund the training for the rest of the MTPD
- Ordered new Project Medicine Drop Box cards that now have sharps disposal information on the other side- will arrive next week
- Planning public Narcan Training for November through Jersey Shore Addiction Services
 - Alliance will run Narcan campaign “Narcan November”
- Planning Raising Resilient Kids parent presentation beginning of November
- Planning multiple drug disposal pop up events in Middletown in November and December. Ordering at home drug disposal pouches through Rx Destroyer- see pouch

VI. **Questions/Concerns/Ideas-** Request was made for meeting agendas to be sent prior to meetings

VII. **Next meeting: November 15th, 2025**