

Middletown Alliance for Drug and Alcohol Prevention July 19th Meeting Minutes

- I. Welcome, Pledge, Introductions**
- II. Minutes of May 17th meeting accepted by Jodi Truex and Mike Donlon**
- III. Old Business**
 - Be the Difference: Middletown Suicide Awareness Walk- May 18th. Alliance had a table with suicide prevention, mental health, and drug and alcohol resources.
 - Raising Resilient Kids: Parent presentation- May 22nd. Great turnout!
 - Alliance Leaders Graduation: June 10th & 11th. Graduated 53 5th graders going into Thorne Middle School.
 - Vape Recycling: Signs and container now at Middletown Recycling Center. PSA coming out on July 25th.
 - Free public Narcan Training: July 17th. 10 people attended and received overdose response information and kit. Planning more public trainings- quarterly basis
 - o JSAS has weekly free zoom Narcan trainings for those who cannot attend an in-person event
 - o Idea from the group to have all of the topics covered in the training on the flyer so more people aware and inclined to come
- IV. New Business**
 - New drug identification and education displays from Nimco INC.
 - Smoke-Free Summer: Create your own quit kit- July 24th 8-1 PM Town Hall Lobby
 - Raising Resilient Kids: Parent presentation- July 28th 7 PM Training Room
 - August is Overdose Awareness Month. Town Hall will have purple flags out front in honor of those lost.
 - MTPD National Night Out: Middletown High School North August 5th from 5-8 PM. Alliance will have 2 tables with resources and drug education displays.
 - Smoke-Free Summer: Create your own quit kit- August 11th 8-1 PM Town Hall Lobby
 - Smoke-Free Summer: Create your own quit kit- September 4th 8-1 PM Town Hall Lobby
 - Alliance Leaders: 8th grade cycle begins on September 9th
 - Middletown Day: October 19th- Alliance tabling with resources
- V. Police updates**
 - 5 overdoses and 5 saves YTD
 - DWIs are trending down
- VI. Additional Updates**
 - MTPD- Operational Readiness training
 - o 3 officers currently taking
 - Youth Wellness & Resource Summit
 - o Planning with Meg Young, District Director of Student Support Services. Aiming for October. Will have community organizations and non-profits, activities, and giveaways for youth support and resources.

VII. 2025-2026 Goals

- Recovery events
 - o Event to fundraise and donate to local treatment center or event/activity for people in recovery
 1. Fundraise idea: pancake breakfast at Applebee's
 2. Activity idea: yoga, adult paint night
- Senior Center events- planning monthly speakers on depression/loneliness starting this fall
- Elementary and High School Programming- planning for fall

VIII. Questions/Concerns/Ideas?

- For a future speaker at an Alliance meeting- cover current drug trends
- Try to get in touch with homeschooled students and private schools for Alliance Leaders 5th and 8th grade programming

IX. Next Meeting: September 20, 2025