

## **Middletown Alliance for Drug and Alcohol Prevention July 19<sup>th</sup> Meeting Minutes**

### **I. Welcome, Pledge, Introductions**

### **II. Minutes of May 17<sup>th</sup> meeting accepted by Jodi Truex and Mike Donlon**

### **III. Old Business**

- Be the Difference: Middletown Suicide Awareness Walk- May 18<sup>th</sup>. Alliance had a table with suicide prevention, mental health, and drug and alcohol resources.
- Raising Resilient Kids: Parent presentation- May 22<sup>nd</sup>. Great turnout!
- Alliance Leaders Graduation: June 10<sup>th</sup> & 11<sup>th</sup>. Graduated 53 5<sup>th</sup> graders going into Thorne Middle School.
- Vape Recycling: Signs and container now at Middletown Recycling Center. PSA coming out on July 25<sup>th</sup>.
- Free public Narcan Training: July 17<sup>th</sup>. 10 people attended and received overdose response information and kit. Planning more public trainings- quarterly basis
  - o JSAS has weekly free zoom Narcan trainings for those who cannot attend an in-person event
  - o Idea from the group to have all of the topics covered in the training on the flyer so more people aware and inclined to come

### **IV. New Business**

- New drug identification and education displays from Nimco INC.
- Smoke-Free Summer: Create your own quit kit- July 24<sup>th</sup> 8-1 PM Town Hall Lobby
- Raising Resilient Kids: Parent presentation- July 28<sup>th</sup> 7 PM Training Room
- August is Overdose Awareness Month. Town Hall will have purple flags out front in honor of those lost.
- MTPD National Night Out: Middletown High School North August 5<sup>th</sup> from 5-8 PM. Alliance will have 2 tables with resources and drug education displays.
- Smoke-Free Summer: Create your own quit kit- August 11<sup>th</sup> 8-1 PM Town Hall Lobby
- Smoke-Free Summer: Create your own quit kit- September 4<sup>th</sup> 8-1 PM Town Hall Lobby
- Alliance Leaders: 8<sup>th</sup> grade cycle begins on September 9<sup>th</sup>
- Middletown Day: October 19<sup>th</sup>- Alliance tabling with resources

### **V. Police updates**

- 5 overdoses and 5 saves YTD
- DWIs are trending down

### **VI. Additional Updates**

- MTPD- Operational Readiness training
  - o 3 officers currently taking
- Youth Wellness & Resource Summit
  - o Planning with Meg Young, District Director of Student Support Services. Aiming for October. Will have community organizations and non-profits, activities, and giveaways for youth support and resources.

**VII. 2025-2026 Goals**

- Recovery events
  - Event to fundraise and donate to local treatment center or event/activity for people in recovery
    1. Fundraise idea: pancake breakfast at Applebee's
    2. Activity idea: yoga, adult paint night
  - Senior Center events- planning monthly speakers on depression/loneliness starting this fall
  - Elementary and High School Programming- planning for fall

**VIII. Questions/Concerns/Ideas?**

- For a future speaker at an Alliance meeting- cover current drug trends
- Try to get in touch with homeschooled students and private schools for Alliance Leaders 5<sup>th</sup> and 8<sup>th</sup> grade programming

**IX. Next Meeting: September 20, 2025**