

Middletown Alliance for Drug and Alcohol Prevention May 17th Meeting Minutes

I. Welcome, Pledge, Introductions

II. Minutes of March 15th meeting accepted by John Maguire and Deborah Wright

III. AA Speaker- Kasia, PI Area 24

- Kasia shared her personal story and finding AA, information about where to find local meetings, the support that AA provides people and stated her and other PI officers can come table at events and programs.

IV. Old Business

- Freeze Addiction Polar Plunge- March 23rd 10:30 AM Edgewater Beach Club in Sea Bright in honor of Dillon Rahim
 - Chairperson Kim Kratz attended and shared what a wonderful event it was
- Parent Presentation March 27th on Current Drug Trends
 - 7 parents attended
- April Communications
 - Kim- Talk of the Town to explain what the Alliance is and how to get involved
 - Erika- "Spring Clean Out Your Lungs" 3 PSAs on health risks of vaping, tips for quitting, and where to recycle your vape at the Middletown Recycling Center
- April was Alcohol Awareness Month
 - Mayor signed proclamation, Erika accepted at April 7th TC meeting
 - "Tip Tuesday" posts disseminated on social media
- Middletown Township Employee Narcan Training April 30th
 - 12 employees attended
- Parent Presentation May 5th on Social Media (Rescheduled from April 14th)
 - 6 parents attended
- Prom pledge drawing- Township Committee Meeting on May 12th
 - 2 junior and 2 senior winners from both high schools. Received an UberEats gift card for winning drawing after student/parent pledge signing
- Rude Awakening High School North May 15th

V. New Business

- **TOMORROW**- Be the Difference: Middletown Suicide Awareness Walk Town Hall Sunday May 18th from 10-12 PM. Alliance will have a table with suicide prevention, mental health, and drug and alcohol resources
- Rude Awakening High School South Monday May 19th. Alliance will have a table with resources for teens.
- Upcoming Parent Presentation May 22nd on Raising Resilient Kids at 7PM. 61 parents signed up so far- should be biggest turnout yet!
 - Volunteer need for signing in parents
- Alliance Leaders update
 - 5th grade cycle 3 Thorne: 53 students

- 3 weeks left, graduation is on Tuesday June 10th and Wednesday June 11th from 5-7 PM

VI. Police updates- no Chief/Deputy Chiefs in attendance. Will ask Kourtney for current stats

VII. Additional Updates

- Erika planning public Narcan trainings and will facilitate herself during summer and fall
- CPC no longer has staff to do senior center support group because loss of funding. Back to discussing one-time speakers/events at senior center
- Wellness Wheels- booking first rides in next 1-2 weeks after formal announcement
- Recovery Diversion program- Administrator and Prosecutor planning, will utilize Opioid Settlement Funds
- MTPD- Operational Readiness training
 - 3 officers to take in June to determine if the training is suitable for the entire force to take

VIII. 2025-2026 Goals

- Recovery events
- Senior Center events
- Elementary and High School Programming
 - Fall 2025: Discussed with Meg on 5/7- 4th grade LifeSkills through Wellspring, 11th grade sessions through NJ4S
- Youth Wellness Summit
 - Fall 2025: Discussed with Meg 5/7- thinking beginning of October
 - Vendors, community organizations and non-profits, related township departments, speakers, activities, and giveaways for youth support and resources

IX. Questions/Concerns/Ideas?

X. Next Meeting: July 19, 2025