

# Short and Long-Term Effects of Alcohol Use



## Short-Term Effects

### Brain

Impaired motor skills and judgment, damage to short term memory, headache



### Psychological

Feelings of euphoria, irritability, sadness, and anxiety



### Vision

Dizziness, blurred vision, blood shot eyes



### Coordination

Unable to walk or talk clearly, accident prone



### Stomach

Nausea, vomiting, alcohol poisoning



### Heart

Increased blood pressure



## Long-Term Effects

### Nervous System

Starts breaking down- diminished balance, judgment, and speech over time



### Throat

Risk of hemorrhage and cancer



### Brain

Brain damage, memory loss, addiction, stroke



### Heart

Heart attacks, heart disease



### Liver

Liver damage, cirrhosis of liver



### Muscles

Weakening and pain



### Pancreas

Early diabetes, bad digestion



### Stomach

Peptic ulcer, gastritis



### Bones

Degeneration and risk of fractures

