

## **Middletown Alliance January 18<sup>th</sup> Minutes**

- I. **Welcome, Pledge, Introductions**
- II. **Bob Bucco remembrance**
- III. **Minutes of November 16, 2024 meeting accepted by Peggy Bertorelli and Barbara Miceli**
- IV. **Old Business**
  - 11/21 Great American Smoke Out
    - Great success- build your own quit kits, quit smoking information, 30+ people stopped at the booth
  - 1/6 Parent survey sent out
    - Collected feedback on presentation topics that parents would like to learn more about and their availability
- V. **New Business**
  - Middletown Alliance Leaders update
    - ☐ 5<sup>th</sup> grade cycle 1 Bayshore: 56 students. Graduation 2/4, 2/5 from 5-7 pm
    - ☐ Next cycle Thompson starts 2/11, sending out registration link 1/21
  - Alliance funding registration and bussing for middle school students from Bayshore, Thorne, and Thompson to attend the NJ Elks Path to Leadership conference on 2/6 at Ocean Place Resort in Long Branch
    - ☐ Presentation topics include: social media, mental health, bullying, vaping, drug prevention, and suicide prevention
    - ☐ 30+ students attending
  - Started conversation about Alliance funding MTPD Operational Readiness for Police Officers training
    - ☐ Crisis response, mental health response, OUD (opioid use disorder) and SUD (substance use disorder) response
    - ☐ Had our first planning meeting on 1/16 and discussed having a few officers/chiefs take it before opening it up to force.
  - Scheduling parent presentation series by Nicki Francis for February, March, April
    - ☐ social media, drug trends, talking with your child about substance use
    - ☐ Scheduling more Narcan trainings for 2025- We have a contract with Monmouth county nurses to come give the presentation, Alliance would supply information, Narcan, giveaways
- VI. **Police updates**
  - Chief Weber stated that DWIs are up 11%
  - ODs are down
- VII. **2025 Goals**
  - Senior Center
    - Therapy dog events
    - Monthly well-being group
  - Increase parent attendance at events/presentations

- Programming in elementary schools through Wellspring
  - Discussed new programming at the high schools for 11<sup>th</sup> graders
- Collaboration with MTPL and Recreation
- Discussed post prom at the high schools
- Discussed Rude Awakening program

VIII. **Additional Updates:**

- Alliance apparel arrives in 2 weeks- will be at next meeting or pickup at health department
- Erika certifications this spring- expand education and programming
  - ☐ Certified Health Education Specialist, Mental Health First Aid Trainer
- Wellness Wheels- Middletown Health Department/Middletown Alliance
  - Transportation for residents who identify as having a SUD/at risk for an SUD to medical/mental health appointments- open for bid 1/21

IX. **Next Meeting: March 15, 2025**