

## Getting Started....

### Mission Statement

The mission of Resa Treatment Center is to provide highly effective and accessible substance abuse and mental health treatment, support and related services; restoring hope and improving the quality of life for the persons served, their families and our communities.

**“We treat all of our clients with the dignity and respect they deserve.”**

Michael Palmieri  
CEO of Resa



Take the first step by calling and speaking to a member of the clinical team, who can assist you through the intake process.

### Contact Us

Resa Treatment Center  
199 Main Street, Suite 2A  
Keansburg, NJ 07734  
Phone: 732-495-1474  
Fax: 866-730-7538  
[Info@resatreatmentcenter.com](mailto:Info@resatreatmentcenter.com)  
[www.resatreatmentcenter.com](http://www.resatreatmentcenter.com)





## Program Philosophy

Drawing upon industry recognized best practices, the experienced and compassionate staff of Resa Treatment Center provide structured co-occurring substance abuse treatment services for adults in the Bayshore area. Centrally located in Keansburg, NJ, Resa Treatment Center is nationally accredited and appropriately licensed.

## Clinicians

All of our clinicians are trained to be proficient in diagnosing and treating clients with Substance Use Disorders and Co-Occurring Disorders. They are passionate and committed to making individualized treatment plans for clients based on their needs.

**YOU have the power to say,  
“This is not how my  
story will end.”**

## Approach to Treatment

Here at Resa, we believe in a holistic approach with a focus on the mind, body, and spirit. We provide clients with the necessary tools to get clean and sober as they begin their journey of recovery. Resa is unique in the fact that it can assist clients in accessing quality primary health care services in conjunction with our behavioral health services. This allows Resa to offer its clients comprehensive care addressing the whole person.

## Medication Assisted Treatment

Resa Treatment Center offers a multitude of behavioral interventions to provide our clients with the best possible care, Medication Assisted Treatment (MAT) is the use of FDA-approved medications, in conjunction with counseling and behavioral therapies in effort to provide a “comprehensive” approach to the treatment of Substance Use Disorders. The two forms of MAT utilized at Resa Treatment Center are:

- Naltrexone (Vivitrol): Office-based non addictive opioid antagonist that blocks the effects of other narcotics administered as a daily pill or monthly injection.
- Buprenorphine: Office Based opioid agonist/ antagonist that blocks other narcotics while reducing withdrawal risk; administered as a daily dissolving tablet or cheek film.

## Groups Offered:

- ❖ Day / Evening Programs Offered
- ❖ Process Groups
- ❖ Didactic Groups (Educational Programs)
- ❖ Specialty Groups:
  - DBT and the 12 Steps
  - 12 Step Mutual Support Group

## Admissions:

- ❖ Approved Medicaid Provider
- ❖ Intake Coordinators are available five days a week to answer questions
- ❖ Compassionate staff guides clients from intake through the treatment process
- ❖ We accept most major insurances
- ❖ We offer affordable treatment
- ❖ Sliding Scale payment available

